

Pump directly into bag for time-saving convenience



IMPORTANT!

Ensure that your Lansinoh®

Breastmilk Storage Bag has white and purple flowers and a white line above the logo as shown in the image. If your bag does not have this design, it is not compatible with pumping directly into the bag.

NOTE: Pumping directly into bags requires two hands to safely remove milk storage bags.

Directions for use with Lansinoh® Pumps

Use Lansinoh® Pump to pump directly into Lansinoh® Breastmilk Storage Bags (compatible with Lansinoh® Manual Breast Pump, Lansinoh® Single Electric Breast Pump and Lansinoh® Double Electric Breast Pump.)

1) Open Breastmilk Storage Bag by tearing away tamper-proof safety seal and pulling zipper seal apart.

2) To insert expression set:



 a) Tilt expression set as shown.



b) Insert one side of the expression set to align with the printed white line and flower.



c) Gently pull the other side of bag up over expression set so the clear zipper is above the expression set on all sides.

3) Gently pull the bag down until the expression set is just below the clear bottom zipper all the way around the bag. Tug gently on bottom of bag to ensure bag is secure.



- 4) If working with a double pump, repeat steps 1-3.
- 5) Pump as usual.
- 6) To remove bag, reverse step 2. DO NOT PULL BAG STRAIGHT DOWN. Securely hold the bag and gently push the zipper seal down past expression set. Maintaining a firm grip on bag, tilt and remove adapter. Seal bag. Label with the date, time and volume of breastmilk for future reference.



NOTE: Do not fill past the 6oz / 180ml mark.

How long can breastmilk be stored?		How long can thawed breastmilk be stored?	
Room temperature	6 to 8 hours	Fridge (up to 4° C)	unopened 24 hours
Fridge (up to 4° C)	Up to 3 days	Fridge (up to 4° C)	after opening 12 hours
Freezer 0° F (-18° C)	6 months	Source: La Leche League International, 2008	